

## Communication

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# Freestanding organic charge-transfer conformal electronics

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**Abstract**

Wearable conformal electronics are essential components for next-generation humanlike sensing devices that can accurately respond to external stimuli in non-planar and dynamic surfaces. However, to explore this potential, it is indispensable to achieve the desired level of deformability and charge transport mobility in strain-accommodating soft semiconductors. Here we show pseudo-two-dimensional freestanding conjugated polymer heterojunction nanosheets integrated into substrate-free conformal electronics, owing to their exceptional crystalline controlled charge transport and high level of mechanical strength. These freestanding and mechanical robust polymer nanosheets can be adapted into a variety of artificial structured surfaces such as fibers, squares, circles, etc, which produce large-area stretchable conformal charge-transfer sensors for real-time static and dynamic monitoring.

Keywords: Pseudo-2D, Charge Transfer, Organic Films, Mechanical Strength, Conformal Electronics

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4 The emergence of wearable and implantable electronics has stimulated significant  
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6 interest in conjugated polymers that are lightweight, flexible and stretchable, for  
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8 applications such as organic integrated circuits,<sup>1-2</sup> displays,<sup>3</sup> and solar cells.<sup>4-5</sup>  
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10 However, it remains a key challenge to realize the simultaneous demonstration of  
11  
12 outstanding electronic performance and mechanical robustness in conjugated  
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14 polymers.<sup>5</sup> The competition between these two properties arises because high charge  
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16 mobility polymers tend to be brittle from the rigid  $\pi$ -conjugated chains and high  
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18 degrees of crystallinity, which is mutually incompatible to deformability, while the  
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20 amorphous and flexible counterparts possess low electronic performance. Such  
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22 competition can lead to flexible and stretchable yet low-performance devices or  
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24 high-performance ones that cannot accommodate the strain (leading in turn to  
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26 delamination, cracking, etc). A thickness reduction to achieve pseudo-two-dimensional  
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28 (pseudo-2D) crystalline polymer nanosheets holds great promise to address this  
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30 challenge of mutual exclusivity of electronic and mechanical performance, due to a  
31  
32 combination of enhanced adaptability with irregular surfaces and induced  
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34 nanoconfinement that can substantially affect the polymer properties via finite-size  
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36 effects and interfacial engineering.<sup>6-8</sup>  
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47 Nanoconfinement of polymers with the thickness below 1000 nm has been  
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49 demonstrated to enhance polymer chain dynamics and prevent crack propagation,<sup>8-11</sup>  
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51 which results in the variation of properties such as the glass transition temperature,  
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53 Young's modulus, and ductility.<sup>10-13,8-9</sup> In addition, nanoconfinement has also been  
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3 explored as a potential means to tune electronic properties of polymers by  
4 manipulating chain alignment,<sup>14-15</sup> as shown in the enhanced anisotropy and mobility  
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6 in organic transistors.<sup>14</sup> In pseudo-2D crystalline conjugated polymers, both  
7  
8 mechanical strength and charge transport would benefit from the increased domain  
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10 alignment by nanoconfinement effects orthogonal to the polymer sheets. Such  
11  
12 crystalline polymers to external stimuli are governed by the variations of  $\pi$ - $\pi$   
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14 stacking rather than polymer diffusion or chemical bond breaking, and therefore the  
15  
16 ensemble exhibits intrinsic advantages of fast response time, low threshold, little  
17  
18 hysteresis, and high cycling capability.  
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28 Here, we report that pseudo-2D freestanding polythiophene-fullerene (PthFu)  
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30 crystalline nanosheets exhibit a rare combination of high level of mechanical  
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32 robustness and charge transport mobility, which is enabled by pseudo-2D  
33  
34 nanoconfinement and charge-transfer interactions as identified by both  
35  
36 experimental and computational analysis. The mechanical and electronic properties  
37  
38 of pseudo-2D PthFu nanosheets are governed by the electron coupling strength  
39  
40 between  $\pi$ -stacking units and reflect the collective effects of all crystalline domains  
41  
42 under external perturbation. These effects are achieved because of the high degree  
43  
44 of crystallinity and domain alignment driven by the geometrical confinement  
45  
46 effects. The introduction of a pseudo-2D architecture in crystalline polymer materials  
47  
48 influences a range of electronic, optical and spin-dependent properties mainly by  
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50 tuning the interfacial charge-transfer interactions between neighboring conjugation  
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3 units, ordering of the entire film, and the proportion of surface areas. The intensive  
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5 suppression of disorder by imposing spatial constraints within a nanosheet  
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7 architecture has the potential to dramatically increase the synergy between crystalline  
8  
9 domains, which paves an avenue to harvest the intrinsic sensitivity of molecular  
10  
11 coupling to interfacial structure. Such promise can be illustrated by probing the  
12  
13 responses of the PthFu nanosheets to various external stimuli. This contributes to the  
14  
15 development of substrate-free conformal sensors based on the sensitivity of  
16  
17 electron coupling to  $\pi$ - $\pi$  stacking configuration, with the potential of advanced  
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19 functionalization revealed by the embedded photovoltaic effect.  
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28 The inherent softness, high absorption coefficient and carrier mobility of  
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30 pseudo-2D PthFu nanosheet make such a charge-transfer material especially  
31  
32 attractive for organic electronics.<sup>16-18</sup> We develop a new water-air interfacial growth  
33  
34 technique to control the crystallization and molecular packing of the PthFu blends,  
35  
36 considering that an inert and halogenated solvent environment is currently required  
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38 for the entire process. When the PthFu solution spreads spontaneously and rapidly  
39  
40 onto the water surface due to the Marangoni effect,<sup>19</sup> the water, PthFu surface and  
41  
42 the surrounding vapor atmosphere all come into play.<sup>20-21</sup> The extent of solution  
43  
44 spreading on water is estimated by the Neumann triangle of force balance which is  
45  
46 described by the spreading coefficient  $S = \gamma_{WG} - \gamma_{GO} - \gamma_{WO}$ , where  $\gamma_{WG}$ ,  $\gamma_{GO}$ , and  $\gamma_{WO}$   
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48 represent the surface tension of the water/air, PthFu/air, and water/PthFu interfaces. If  
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50  $S$  is positive, the PthFu solution tends to spontaneously spread over the aqueous  
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3 surface and form a uniform pseudo-2D polymer nanosheet (Fig.S1). Otherwise, the  
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5 spreading is inhibited with the PthFu oil drop preserved (Fig.S1c).<sup>22-23</sup> We select the  
6  
7 mixed solvents (1:4=1,2-dichlorobenzene:toluene) to balance the spreading and  
8  
9 crystallization processes of PthFu solution, given that the combination of a positive  
10  
11 spreading coefficient and a slow solvent evaporation rate is favorable for producing  
12  
13 large-area freestanding PthFu nanosheets (Fig.1a and S2). The aggregation and  
14  
15 nucleation of polythiophene and fullerene molecules are driven by the  $\pi$ - $\pi$  stacking,  
16  
17 charge-transfer, and hydrophobic interactions.<sup>24</sup> The freestanding pseudo-2D PthFu  
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19 nanosheets grow in the lateral direction with the dimension of  $\sim 100$  cm<sup>2</sup> on top of the  
20  
21 water surface by consuming the remaining thiophene and fullerene molecules (Fig.1b).  
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23 The spontaneous spreading of PthFu blends effectively controls the packing order  
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25 of the polymer layer and impedes the oxygen infiltration into the nanosheets. The  
26  
27 uniform formation of freestanding PthFu layers can be customized into a variety of  
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29 structures by conventional cutting methods and transferred onto various artificial  
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31 substrates (metal foil, paper, glass, polymer, etc., as shown in Fig.1c). The  
32  
33 freestanding PthFu nanosheets exhibit high mechanical endurance and strength  
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35 (discussed in the following section), which enables direct pick-up and rolling for  
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37 subsequent substrate-free device construction (Fig.1d). The generality of this water-air  
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39 interfacial growth method has also been shown by successful fabrication of different  
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41 polymer and molecular systems (Fig.S3-S5).  
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55 The optical image of freestanding PthFu nanosheets (Fig. 2a) shows a large-area,  
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4 continuous and flat morphology co-occurring with partially folded sheets and  
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6 wrinkles, indicating the flexibility of the PthFu nanosheet structure. The uniform  
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8 aberration chromatism throughout the PthFu film implies its homogenous and uniform  
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10 characteristics, which are further confirmed by scanning electron microscopy (SEM)  
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12 and atomic force microscopy (AFM) (Fig.S6-S7). The representative high-resolution  
13  
14 transmission electron microscopy (HRTEM) and the corresponding selected area  
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16 diffraction (SAED) pattern images (Fig.2b-c) exhibit a highly crystalline lamellar  
17  
18 structure of the freestanding PthFu nanosheet with an interplanar distance of 7.2 Å  
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20 along the  $\pi$ - $\pi$  stacking direction [010], and 7.7 Å along the polymer chain direction  
21  
22 [001]. X-ray diffraction (XRD, Fig.2d) is employed to gain insight into the molecular  
23  
24 packing within the PthFu nanosheet. As shown in Fig.2d, the polythiophene-only  
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26 nanosheet exhibits four diffraction peaks at 6.79°, 13.63°, 20.43° and 24.63° in the  
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28 XRD pattern, which correspond to the (100), (200), (300) and (010) planes within an  
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30 orthorhombic unit cell and lattice constants of  $a = 13.01$  Å,  $b = 7.22$  Å, and  $c = 7.73$   
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32 Å. With the incorporation of fullerene molecules, the main diffraction peaks of (100),  
33  
34 (200), and (300) are shifted to higher two-theta angles (7.08°, 14.16° and 21.26 °),  
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36 reflecting the changes of lattice constants to  $a = 12.62$  Å,  $b = 7.16$  Å, and  $c = 7.66$  Å.  
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38 The preservation of orthorhombic symmetry in the PthFu nanosheet suggests that its  
39  
40 main structure is composed of crystalline polythiophene chains, while the slight  
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42 modifications of in-plane lattice constants indicate that the fullerene molecules are  
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44 mainly dispersed along the [100] direction between the adjacent polythiophene  
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46 domains. Due to the short butyl side-chain of polythiophene, the resulting electrostatic  
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3 attractions efficiently increase the pressure on each polymer crystalline domain, thus  
4 decreasing the lattice parameters along both [100] and [010] directions. The thickness  
5 of PthFu nanosheets from 16 to 600 nm can be controlled by varying the  
6 concentration of the spreading solution (Fig.2e). The freestanding pseudo-2D PthFu  
7 nanosheets present continuous, smooth and compact film morphologies regardless of  
8 its thickness (Inset of Fig. 2e). As shown in Figure 2f, the photoabsorption increases  
9 with increasing thickness of the PthFu nanosheets, in which broad near-infrared  
10 absorption is observed with a distinct band around 890 nm, attributed to the charge  
11 transfer band formation within the PthFu nanosheets (Inset of Fig. 2f).  
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28 Given that no  $C_{60}$  crystalline domain can be resolved in the PthFu nanosheets, the film  
29 conductivities are mainly attributed to the charge transport through the highly ordered  
30 polythiophene phase. To investigate the electronic properties of PthFu nanosheets, we  
31 measure the vertical thickness and in-plane distance-dependent conductivity along the  
32 in-plane and out-of-plane directions (Fig. 3a). The conductivity of both directions  
33 gradually decreases non-linearly with the increase of thickness or distance.  
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35 Meanwhile, the in-plane conductivity exhibits three orders of magnitude larger than  
36 that of out-of-plane direction, resulting from the high  $\pi$ - $\pi$  stacking interaction between  
37 the thiophene rings for high carrier mobility along the [010] direction. Furthermore,  
38 we perform ab-initio simulations on polymer nanosheets with various thickness (2-4  
39 layers) to further explore the pseudo-2D microscopic structure and to understand its  
40 impact on electronic properties. While the atomic configurations inside the slabs  
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3 rapidly converge to that of the bulk phase, substantial misalignments between  
4 thiophene rings along the  $\pi$ -stacking direction and slight reductions of tilt angles are  
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6 observed at the surface of the nanosheets (Fig. S9-S11). This can be explained by the  
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8 suppression of inter-layer steric repulsion at the surface, which is necessary to  
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10 establish ideal alignment by compensating the intra-layer interactions. Both the  
11  
12 broken symmetry and variation of lattice constants for the surface layer compared to  
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14 bulk crystal slightly modify the energy levels while preserving the dispersion relation  
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16 (Fig.S11), indicating that the coherent transport along the polythiophene chain is  
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18 barely affected. By contrast, the transport along the  $\pi$ -stacking direction is more  
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20 sensitive to the morphology change because the electron coupling is dictated by the  
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22 thiophene ring alignment (Fig.S9-11). As expected from the strong  $\pi$ - $\pi$  interactions,  
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24 the calculated electron coupling along the [100] direction is three orders of magnitude  
25  
26 lower than that along the [010] direction, associated with a reduction by a factor of  
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28  $10^6$  in the carrier mobility estimated by the phonon-assisted hopping model (Fig.3b-c).  
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30 While this is consistent with the more efficient transport along the in-plane direction  
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32 measured in our experiments (Fig.3a), the small but non-negligible out-of-plane  
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34 current (3~4 orders of magnitude lower than that of the in-plane direction) is likely to  
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36 arise from the transport through long polythiophene chains across different domains,<sup>25</sup>  
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38 rather than direct coupling within the crystalline phase. In addition, the simulations  
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40 suggest that the electron couplings at the surface of ultra-thin PthFu nanosheets  
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42 (27~78 meV) are 2.6~7.5 times lower than that inside the bulk phase (~202 meV) as a  
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44 consequence of the significant structural misalignment, corresponding to a reduction  
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3 by a factor of 6.7~55.5 in the hole mobility. Given that the electron couplings inside  
4 the 4-layer system already constitute half of the bulk value, the intrinsic transport  
5 properties of the polythiophene nanosheets within the thickness range observed in  
6 experiments should be identical to the bulk phase. Therefore, the gradual and  
7 non-linear decrease of conductivity with increasing thickness and electrode spacing  
8 (Fig. 3a) may stem from the variation of defects and grain boundaries.  
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20 High charge carrier mobility and broad photoabsorption enable the photovoltaic effect  
21 of PthFu nanosheets due to its charge-transfer nature (Fig. S12). The charge-transfer  
22 interactions are explored by probing spin-dependent electronic transition in diodes of  
23 PthFu nanosheets using electrically detected magnetic resonance spectroscopy  
24 (EDMR) for which spin-dependent electric currents are monitored while electron  
25 paramagnetic resonance is established with electronic spin states which affect the  
26 probed current.<sup>26</sup> The inset of Fig. 3d display both the device structure used for these  
27 experiments as well as its asymmetric, diode-like current voltage characteristics. The  
28 main panel of Fig. 3d displays a room temperature continuous wave (cw) EDMR  
29 spectrum consisting of a plot of the lock-in detected derivative  $\frac{\partial \Delta I / I_0}{\partial B} B_m$  of the  
30 relative current change as a function of the applied magnetic field  $B_0$  that was  
31 recorded in presence of a cw low-power X-band microwave radiation with frequency  $f$   
32 = 9.653 GHz using magnetic field modulation with modulation amplitude  $B_m = 0.1$   
33 mT.<sup>27-28</sup> The data reveals the presence of an intrinsic resonance line with peak-to-peak  
34 width of ~0.65 mT and a resonance center at a magnetic field corresponding to a  
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3 Landé  $g$ -factor of  $g = 2.002(6)$ . The data can be accurately fit by a Gaussian  
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5 derivative function as expected from paramagnetic electron states which are  
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7 surrounded by vast proton ensembles that couple to the electron state via anisotropic  
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9 hyperfine interaction. The existence of an EDMR signals in PthFu nanosheets close to  
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11 the electron vacuum  $g$ -factor proves that the charge carrier spin states responsible for  
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13 these signals are weakly spin-orbit coupled as expected for a material that consists  
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15 predominantly of period 2 elements. In contrast to EDMR signals found in many other  
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17 organic semiconductor materials,<sup>29-31</sup> and even many inorganic semiconductors,<sup>32</sup> the  
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19 EDMR spectrum shown in Fig. 3d does not require the fit with two Gaussian  
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21 functions. This could either be due to a spin-dependent charge carrier process which  
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23 involves only one charge carrier species, e.g. a previously hypothesized yet never  
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25 unambiguously confirmed spin-dependent transport process such as the bipolaron  
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27 mechanism,<sup>33-34</sup> or, more likely, it could also be due to spin-dependent  
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29 electron-hole recombination when both the electron and the hole spin states  
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31 experience comparable hyperfine field distributions.<sup>35</sup> Most significant about the  
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33 observation shown in Fig. 3d is the comparatively small magnitude of the observed  
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35 EDMR signal compared to the EDMR signals found in disordered carbon-based thin  
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37 films. We attribute the observation of such weak EDMR signals in PthFu nanosheets  
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39 to the order induced stronger delocalization and higher mobility of charge carriers  
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41 which possibly shortens both, the mobility limited lifetime of intermediate charge  
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43 carrier pair states as well as spin-relaxation times. The latter could be caused by a  
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45 pronounced influence of Elliot Yaffet spin relaxation,<sup>36</sup> that was recently observed in  
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3 the crystalline organic semiconductors C<sub>10</sub>-DNBDT-NW.<sup>37</sup>  
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8 The freestanding PthFu nanosheets with high stretchability and mechanical robustness  
9 are essential for the development of flexible conformal electronics. The nanoscale  
10 mechanical properties of the freestanding PthFu nanosheets are studied by using an  
11 ultrafast extreme property mapping (XPM) measurement (Inset of Fig 4a and Fig.  
12 S12).<sup>38-39</sup> The indents are performed in a 10\*10 grid pattern of freestanding PthFu  
13 nanosheets to quickly gather mechanical property distribution statistics and generate  
14 spatial distribution maps of localized mechanical properties. The freestanding PthFu  
15 nanosheets show an average compressive Young's modulus of 11.3 GPa, which is  
16 much larger than that of the spun-cast film of 4.1 GPa (Fig. S13). The consistent  
17 nanoscale mechanical features with bulk mechanical testing, together with the  
18 modeling analysis (Fig. 4a), confirm the robustness and endurance of freestanding  
19 PthFu nanosheets. The Young's modulus is predicted to be 11.0 GPa by density  
20 functional theory for the  $\pi$ -stacking direction (Fig. 4a). These results fit the  
21 experimental data well, which suggests that the strong  $\pi$ - $\pi$  interactions and high  
22 packing regularity are responsible for the mechanical strength of freestanding PthFu  
23 nanosheets (Fig. S14-15). In addition, we investigate the current-voltage (I-V)  
24 characteristics of freestanding and mechanical robust PthFu nanosheets with various  
25 longitudinal strains, and the results show that the current steadily decreases with  
26 increasing strain from 0% to 2.8% (Fig. S16-17). The mechano-electronic properties  
27 are further studied by applying a stable and repeatable stress associated with a 0~2.8%

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3 strain variation, which stimulates a steady and periodic current variation maintaining a  
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5 positive correlation with the source signal (Fig. 4b). A closer examination of the  
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7 strain-dependent transport in PthFu nanosheets reveals that the conductivity gradually  
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9 decreases in a linear and monotonic manner with relatively low strain. A transition to  
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11 nonlinear behavior occurs when the strain exceeds 1.5%, as seen in the drastic drop of  
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13 conductivity (Fig. 4c).  
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20 The DFT simulations are employed to probe the variation of electron coupling and the  
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22 corresponding change of mobility under different strains (Fig. 4d). Within the  
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24 scenario of phonon-assisted charge hopping, our model quantitatively reproduces the  
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26 measured transport suppression in the range of 0.0~1.5% strain. This implies that the  
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28 decrease of conductivity mainly stems from the homogenous increase of the  $\pi$ - $\pi$   
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30 stacking distance, which substantially reduces the electron coupling and eliminates  
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32 charge transfer. By contrast, the failure of our simulations to capture the drastic  
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34 decrease of conductivity beyond 1.5% strain suggests a transition between different  
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36 structural evolution mechanisms. Interestingly, no critical point associated with such  
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38 transition is observed in the stress-strain curve, which illustrates the formation of a  
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40 mechanically connected but electronically disconnected PthFu network. These results  
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42 in combination with the recoverable behaviors point to the following hypothesis: the  
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44 breaking down of polymer crystals in some vulnerable sites to incorporate  $C_{60}$   
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46 molecules becomes energetically favorable when the strain exceeds the critical value.  
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48 Within such a morphology, the  $C_{60}$  molecules serve as effective barriers to block hole  
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3 transport due to their large band offsets relative to polythiophene, while preserving the  
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5 mechanical strength of the system due to their rigid structures. Once the stress is  
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7 withdrawn, C<sub>60</sub> molecules tend to aggregate and diffuse to the interstitial area between  
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9 polymer layers. The *van der Waals* interactions drive the entire process,<sup>40</sup> and the  
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11 absence of bond breaking and formation may explain the remarkable cycling  
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13 performance of PthFu networks. This model is consistent with our simulations on a  
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15 prototype system with sparsely distributed C<sub>60</sub> molecules sandwiched by layers of  
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17 polymer crystals (Fig. S18). To further support the above assumptions, a control  
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19 experiment was performed on polymer-only nanosheets (Inset of Fig. 4c). Similar  
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21 behavior to that of freestanding PthFu nanosheets is observed with a small strain  
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23 (<2%), while the trend becomes opposite beyond the critical point, indicating a  
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25 transition from homogeneous to inhomogeneous stacking.  
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35 The extracted Gauge factor of freestanding PthFu nanosheets is calculated from  
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37  $\pi^{\sigma} = \Delta R / (R * X)$  at the transition region, where  $\Delta R$  and  $R$  are the resistance change and  
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39 resistance without strain,  $X$  is the strain.<sup>41</sup> The freestanding PthFu nanosheets exhibit  
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41 a high Gauge factor with a value of  $\sim 425$ , which is among the highest in the current  
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43 strain sensors (Figure 5a).<sup>42-59</sup> The distinct Gauge factor of PthFu nanosheets make  
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45 them prominent to serve as active materials of strain and pressure sensors. Given the  
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47 mechanical strength and high flexibility, the freestanding PthFu nanosheets exhibit a  
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49 robust morphology adjustability to form excellent conformal contacts via wrapping on  
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51 various target objects with non-planar surfaces.<sup>60-61</sup> We utilize the excellent  
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3 conformability of freestanding PthFu nanosheets with the target object to explore  
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6 pressure and temperature sensors for detecting the stimuli variation in an artificial  
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8 blood-vessel-like rubber tubing (Fig. 5b-c). With the tube expanded by blowing an  
9  
10 external gas, the induced strain can be sufficiently transferred to the freestanding  
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12 PthFu nanosheet, whereas the temperature sensor is based on the increase of phonon  
13  
14 density with increasing temperature that facilitates charge transport. By monitoring  
15  
16 the pressure-dependent current change, the substrate-free PthFu sensors show the  
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18 precision with less than 5% uncertainty (Fig. 5d), as compared to 15% of the  
19  
20 Polydimethylsiloxane (PDMS) substrate-coated PthFu sensor. Figure 5e shows the  
21  
22 pressure-dependent relative current change of PthFu nanosheets with and without the  
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24 substrate on the artificial blood vessel, on which the relative current change is  
25  
26 un-proportional to the substrate thickness, indicating the higher sensitivity of  
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28 substrate-free PthFu nanosheet sensor. In addition, because of the substrate acting as a  
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30 buffer layer, the induced strain cannot be sufficiently transferred to the PthFu  
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32 nanosheet, and therefore the response time of real-time pressure monitoring increases  
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34 with the substrate thickness (Fig. S19).

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45 Due to its conformability and flexibility, the substrate-free PthFu sensor can be  
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47 adapted to objects with extremely rough surfaces for real-time temperature monitoring  
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49 (Fig. 6a and Fig. S20). Provided a target object full of small wrinkles (1 mm between  
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51 the adjacent wrinkles), the substrate-free PthFu nanosheet can adhere tightly to the  
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53 wrinkled surface (Fig. 6b) as the conformal sensing systems, while the  
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3 substrate-coated PthFu nanosheet does not allow the conformal attachment (Fig. 6b).  
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6 As the temperature increases, the charge transport rate increases in PthFu nanosheet,  
7  
8 leading to an enhanced current output (Fig. 6c). Under the same temperature variation,  
9  
10 the substrate-free conformal sensor shows a more substantial current change due to its  
11  
12 surface adaptability than that of sensors with the substrate. In addition, a delayed  
13  
14 response time is observed for the temperature sensor with the substrate, indicating its  
15  
16 lower sensitivity (Fig. 6c). This can be attributed to 1) thermal gradient between the  
17  
18 top and bottom sites of the wrinkles, and 2) the heat transfer blocking effect with the  
19  
20 extra substrate. The temperature dependent current change (inset of Fig. 6d) can  
21  
22 monitor the real-time temperature variation of the target object. The substrate-free  
23  
24 PthFu sensor can accurately detect the temperature variation of the rough surface  
25  
26 object reversibly heated or cooled from 298 K to 320 K, while the temperature  
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28 obtained by the substrate-coated PthFu sensor is much lower than the real temperature  
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30 variation (Fig. 6d). In addition, a significant uncertainty emerges for the non-planar  
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32 surfaces using the substrate-coated sensor with  $\sim 1.5$  s of delay time, while the  
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34 response time is  $\sim 0.1$  ms for substrate-free conformal sensor. The substrate-free  
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36 freestanding PthFu nanosheet sensors exhibit high precision and the real-time  
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38 sensitivity, responding to the external thermal and pressure stimuli.  
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50 In conclusion, a scalable and versatile water-air assembly method is developed to  
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52 grow freestanding crystalline conjugated polymer PthFu nanosheets. Desired  
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54 mechanical strength, high flexibility, and efficient charge transport are simultaneously  
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3 achieved in PthFu nanosheets, which are found to stem from the substantial  
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5 nanoconfinement effect that augments the synergy between crystalline domains and  
6  
7 packing order. The intrinsic linkages between mechanical, electronic, thermal, and  
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9 magnetic responses stem from the same structural evolution of pseudo-2D PthFu  
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11 nanosheets, and thus establish exceptional responses to a variety of external stimuli.  
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13 The potential of designing substrate-free devices based on crystalline polymer PthFu  
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15 nanosheets is demonstrated by our success in accurately detecting the  
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17 temperature/pressure with little hysteresis. The possibility of extending the built-in  
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19 functionalities is further illustrated by coupling photovoltaic module to existing sensor  
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21 responses. The unique features of freestanding polymer nanosheets make them  
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23 especially promising for a range of in-situ monitoring and wearable applications.  
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## ASSOCIATED CONTENT

**Supporting information.** The following file is available free of charge.

(1) Experimental Section, (2) Synthesis process and morphology of the picked-up film, (3) Anisotropic electronic properties in bulk P3BT crystals, (4) Surface effects in 2D P3BT nanosheets, (5) Photoelectric properties of PthFu nanosheets, (6) Mechanical and Mechano-electronic properties of PthFu nanosheets, (7) PthFu film based conformal temperature sensors.

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## Author Contributions

Z. Z and H. L. contributed equally in this paper. Z. Z carried out experiments and wrote the paper. H. L. conducted the theoretical calculation. R. M., S. J. and H. M.



1  
2  
3 collected and analyzed the electrically detected magnetic resonance spectroscopy data.  
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5  
6 S. R., J. G. and C. B. lead the project. All authors discussed the results and commented  
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8 on the manuscript.  
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13 **Competing financial interests.**

14  
15 The authors declare no competing financial interest.  
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## Figure Captions

**Figure 1.** Schematic illustration of the formation and transferring process of freestanding polythiophene-fullerene (PthFu) nanosheets. (a) Schematic illustration of self-assembly approach to grow mechanically strong and freestanding polymer PthFu nanosheets at the water-air interface. The solution spreading mechanism of freestanding PthFu nanosheets described by the Neumann triangle of force (Fig. S1). (b) Four sequential stages during the self-assembly procedure. (i) Solvent of positive spreading coefficient with organic solutes spreading on water. (ii) Solvent evaporation induced nucleation. (iii) Self-assembly for the formation of PthFu nanosheets. (iv) As-prepared nanosheets growing on water. (c) A typical transferring method for the as prepared PthFu nanosheets with various substrates, e.g. aluminum foil, paper, indium tin oxide (ITO) glass and polydimethylsiloxane (PDMS). (d) A typical transferring of the freestanding PthFu nanosheets without substrates by directly picking up. The lightweight flexible PthFu nanosheets can be easily rolled and unfolded.

**Figure 2.** Morphology, structure characteristics of PthFu nanosheets. (a) Optical image of typical PthFu nanosheets. (b) High resolution TEM image of highly crystalline PthFu nanosheets. Inset shows the typical TEM images of the freestanding PthFu nanosheets with large-area, continuous and flat morphology co-occurring with partially folded sheets and wrinkles. (c) The SAED pattern recorded along [100] direction. (d) XRD patterns of freestanding PthFu film and spin-coated polythiophene film. (e) Concentration controlled thickness-dependent films. The inset shows the

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3 films with typical thickness of 16 nm, 120 nm, and 300 nm, where the ultrathin film  
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5 was transitioned from transparent to opaque as the thickness getting thicker. The  
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7 corresponding AFM images exhibit continuous, smooth and compact film morphology.  
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10 (f) Absorption spectrums of PthFu nanosheets with different thickness. The inset  
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12 shows the charge transfer induced absorption band.  
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18 **Figure 3.** Electronic property of PthFu nanosheets. (a) Measured conductivities along  
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20 the out-of-plane and in-plane directions with various heights and distances of PthFu  
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22 films. (b) Electron couplings between neighboring polymers along the  $\pi$ -stacking  
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24 direction for bulk polythiophene crystal and polythiophene nanosheets containing 2-4  
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26 layers computed by the anti-crossing method, with the thiophene ring alignments  
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28 shown in the inset. The labels “inner” and “outer” denote the positions inside and at  
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30 the surface of the nanosheets, respectively. (c) Calculated electron couplings between  
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32 polymers with different configurations (cf1 and cf2) along the [100] direction. (d)  
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34 Electrically detected magnetic resonance spectra from PthFu nanosheet diodes. The  
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36 figure shows a continuous wave EDMR spectra. For experimental details see text. A  
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38 sketch of the used device structure is shown in the top left inset, the bias voltage to the  
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40 PthFu layer is applied between the top contact (Al/Ca) and the bottom contact (indium  
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42 tin oxide). The current-voltage characteristic of the resulting diode is shown in the top  
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44 right inset.  
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55 **Figure 4.** Mechanical and mechano-electronic properties of PthFu nanosheets. (a)

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4 Calculated stress-strain curves for bulk polythiophene crystal along the [010] and  
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6 [001] directions, with the linearly fitting presented in straight lines. Inset: The XPM  
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8 images of the freestanding PthFu nanosheet. (b) Time dependent strain, and current  
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10 variations of PthFu nanosheets. (c) Conductivity change as a function of tensile strain  
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12 of PthFu nanosheets. Inset shows the conductivity change as a function of tensile  
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14 strain of polythiophene film. (d) Computed strain dependent electron coupling (V)  
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16 and carrier mobility ( $\mu$ ) reduction.  
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23 **Figure 5.** Strain/Pressure conformal sensors based on freestanding PthFu nanosheets.

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25 (a) The Gauge factor of the strain sensors in this work and in the literatures. (b)  
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27 Schematic illustrations of the strain/pressure sensor with the inset showing the  
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29 photograph of the PthFu nanosheet directly wrapping on the artificial blood vessel. (c)  
30  
31 Schematic illustrations of the mechanism of strain/pressure sensor. The pressure in the  
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33 vessel expand the vessel wall and the stain results in the lattice expansion of the  
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35 outside PthFu nanosheet, which decreases the charge transport rate along  $\pi$ -stacking  
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37 direction. (d) Time dependent relative current change of the freestanding PthFu  
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39 nanosheet at various pressure from 1.3 kPa to 5.5 kPa. (e) Pressure dependent relative  
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41 current change of the PthFu nanosheet on flexible polydimethylsiloxane (PDMS)  
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43 substrate with various thickness.  
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52 **Figure 6.** Temperature conformal sensors based on freestanding PthFu nanosheets.

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54 (a-b) Schematic illustrations of the temperature sensors with and without PDMS  
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3 substrate, where the temperature sensor without PDMS substrate can be well adapted  
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5 on target with rough surface full of small wrinkles. (c) Time dependent relative  
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7 current change of the PthFu nanosheet based temperature sensors with and without  
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9 PDMS substrate. (d) Real time temperature monitoring of the PthFu nanosheet based  
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11 temperature sensors with and without PDMS substrate. The time dependent  
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13 temperature values were obtained from time dependent relative current change (Fig.  
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18 6c) and intrinsic temperature dependent relative current change (Inset of Fig. 6d).  
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Figure 1

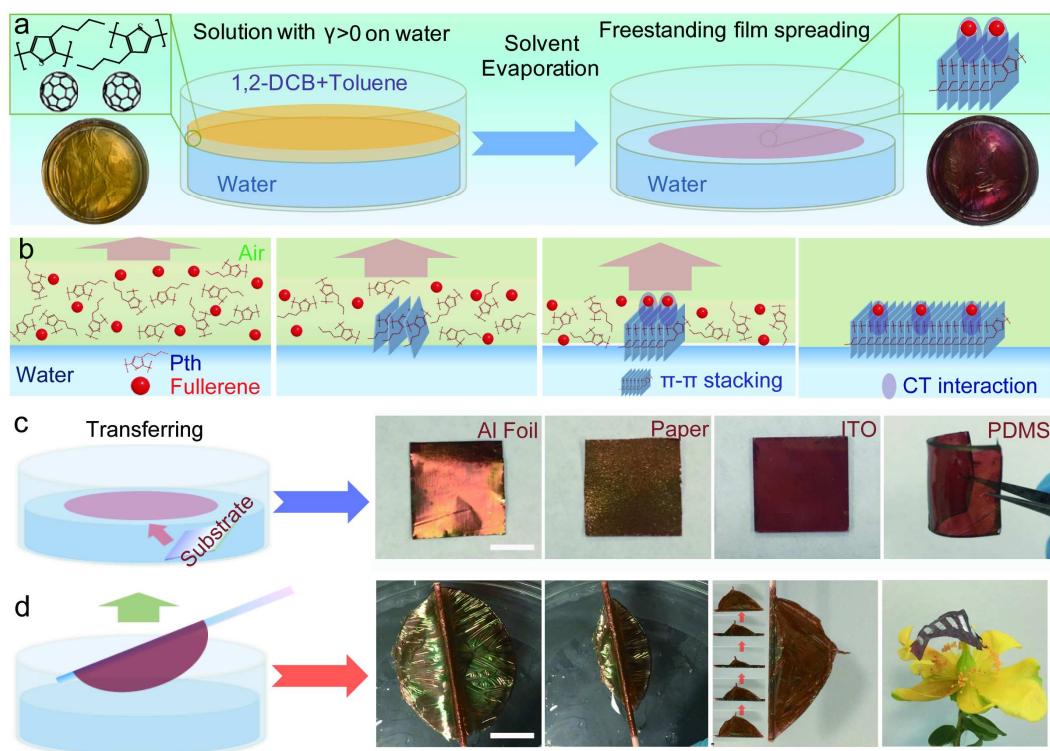


Figure 2

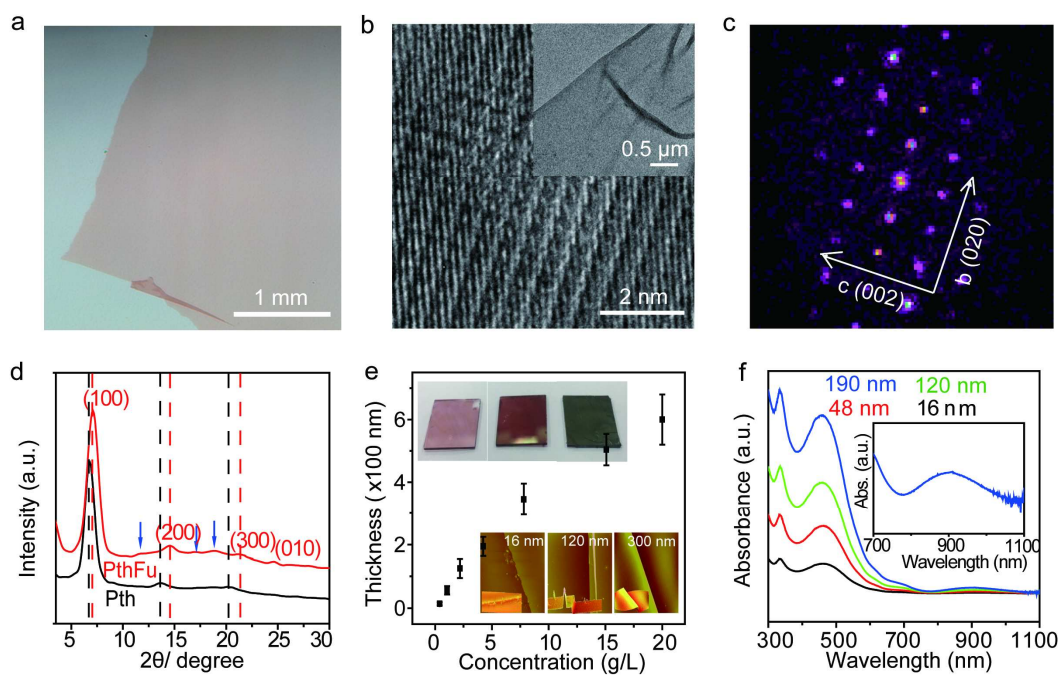


Figure 3

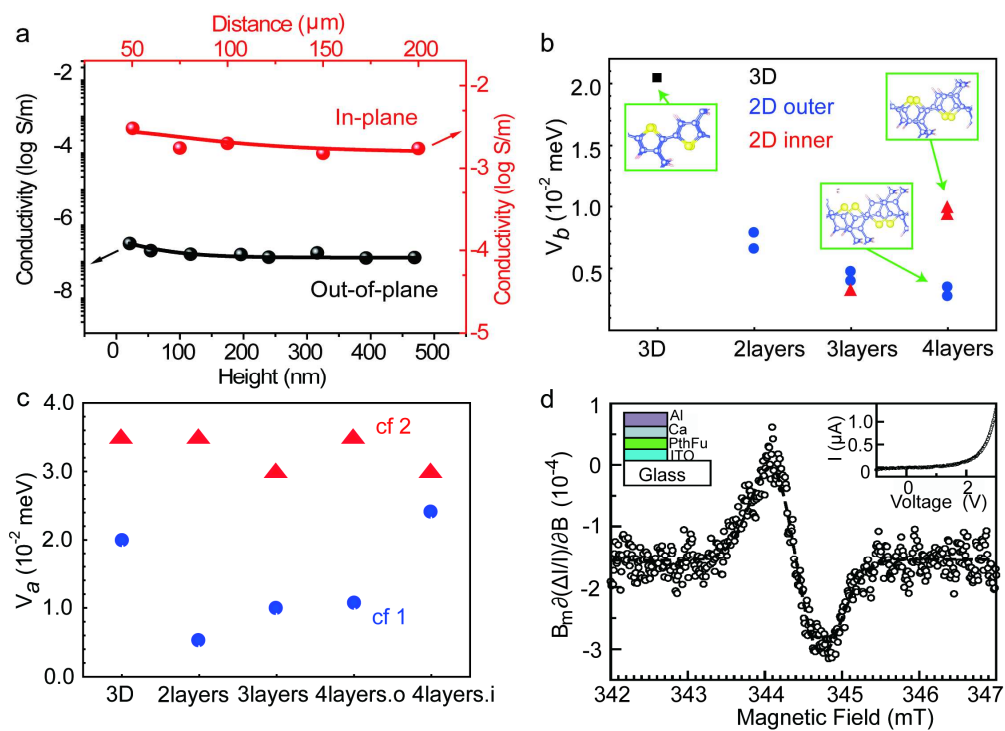




Figure 4

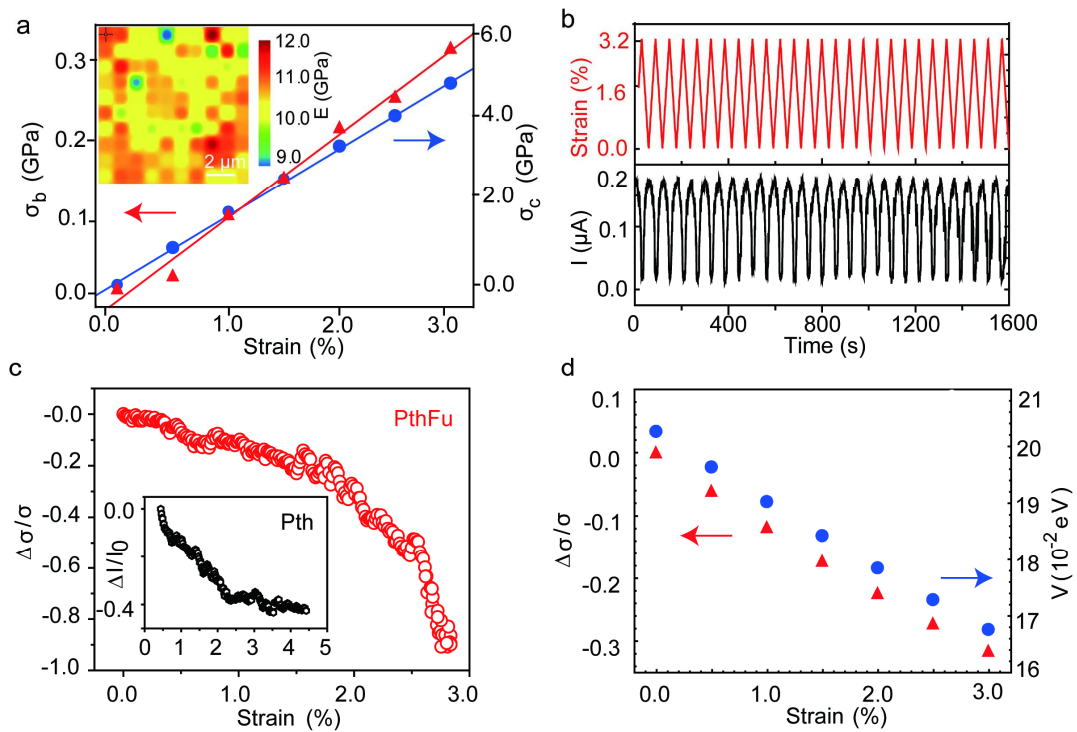


Figure 5

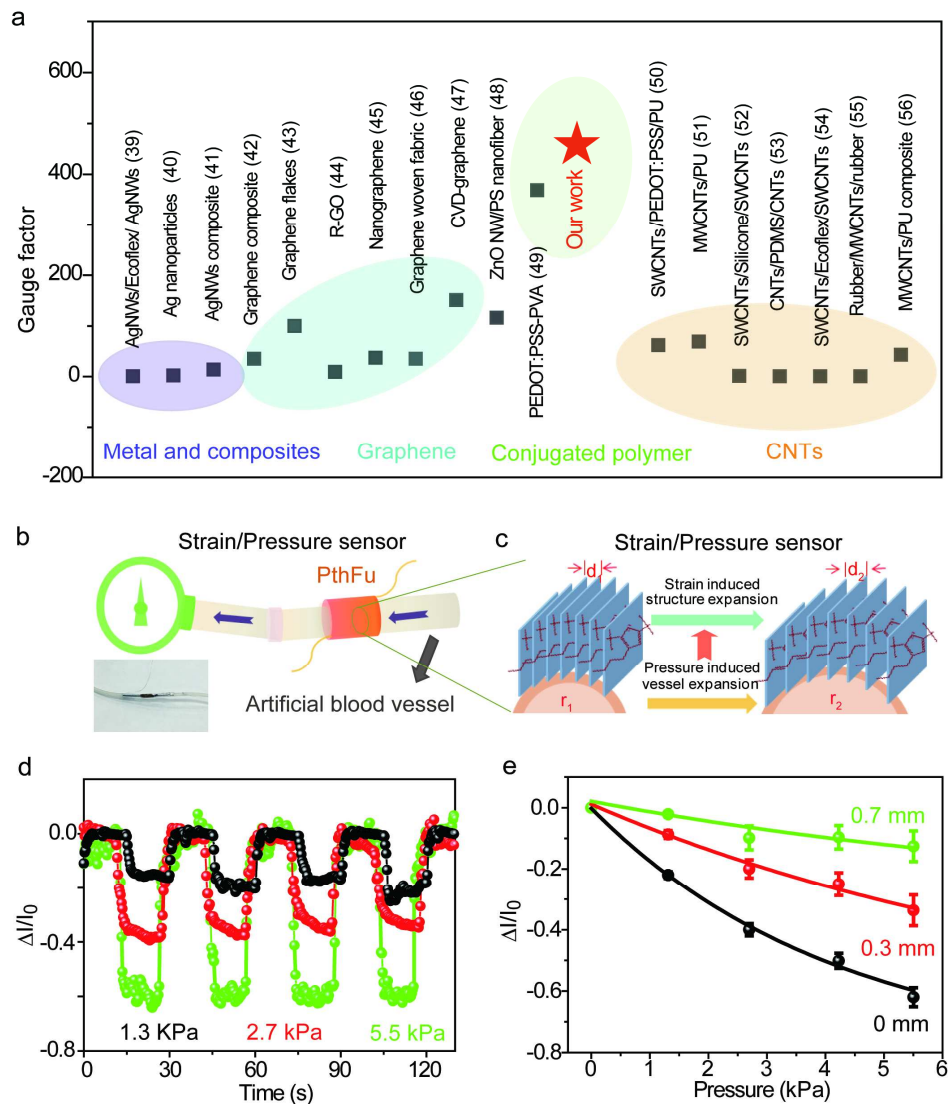
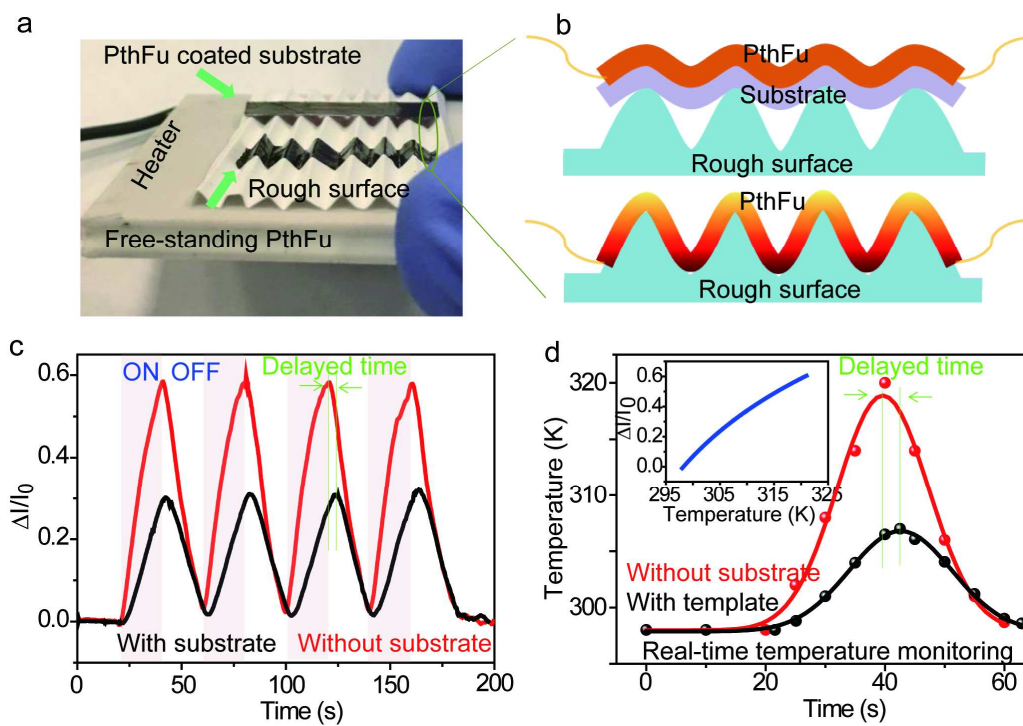


Figure 6



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